

TRUECARE Cosmetic Surgery & Med Spa

GentleMax Pro/Skin Rejuvenation

I am consenting Dr Babak Farzaneh M.D., F.A.A.C.S. and/or his associates perform laser with the Gentle Max Pro. The Gentle Max Pro is a device used for hair removal, skin rejuvenation, acne treatment, wrinkle reduction, skin resurfacing, leg veins and other vascular lesion treatments.

- I have not tanned, used self-tanning products or visited any sunny places within the last two weeks
- I have not taken medications known to induce photo-sensitivity to light exposure such as Isotretinoin (Accutane) and tetracycline within the last 6 months
- I confirm that I have informed the staff regarding any current or past medical condition, disease or medication taken
- I have read through the contraindications below and I do not have any of these medical conditions. If I do have a history listed below I have informed the provider before treatment.

CONTRAINDICATIONS:

Pacemaker or internal defibrillator, superficial metal or other implants in the treatment area, current or history of skin cancer in the treated area, undergoing treatment for cancer, pregnant or nursing, impaired immune system due to immunosuppressive diseases such as AIDS and HIV, systemic lupus erythematosus, porphyria or epilepsy, history of keloids, any active condition in the treatment area, such as sores, psoriasis, eczema, and rash.

I understand there is a possibility of short-term side effects or long term side effects. Side effects may include any of those conditions listed below which may appear either at the time of treatment or shortly after. Some effects may include: Discomfort, excessive skin redness (erythema) and/or swelling (edema). Damage to natural skin texture (crust, blister, burn). Change of pigmentation (hyper- or hypopigmentation). Scarring and Infection.

- I understand that treatment involves a series of treatments.
- Post treatment care: avoid sun and if outside apply sunblock every three hours.
- No sauna, hot tubs, extreme heat or working out for 48 hours.
- For leg veins wear ted hose for compression for 72 hours post treatment. Elevate extremities while sitting and avoid crossing legs.

I have been fully informed of the nature and purpose of the procedure, expected outcomes and possible complications, and I understand that no guarantee can be given as to the final result obtained. I am fully aware that my condition is of cosmetic concern and that the decision to proceed is based solely on my expressed desire to do so. I certify that I have read and understand all the above.



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Before treatment

- No tanning, self-tanners or spray tan.
- Avoid pro-longed sun exposure and if you have a tan wait two weeks before treatment.
- Stop retinoid, retinol, vitamin A or tretinoin 2 days before treatment if treating face.
- If history of cold sores and doing treatment around mouth antivirals are recommended to prevent an outbreak.

After treatment

- No saunas, no hot tubs, no working out for 24 hours.
- Avoid sun and if outside wear sunscreen of SPF 30 or higher before and after treatment to protect your skin. This is very important due to the sensitivity of your skin after treatment.
- If scabbing occurs a thin layer of Aquaphor can be applied.
- Avoid rubbing, picking or excessive touching to treated area.

Next treatment in 1 month, quarterly for maintenance.

I have read and understand the post-care instructions for the treatment listed above.